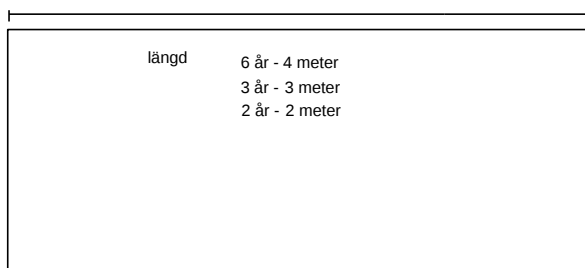
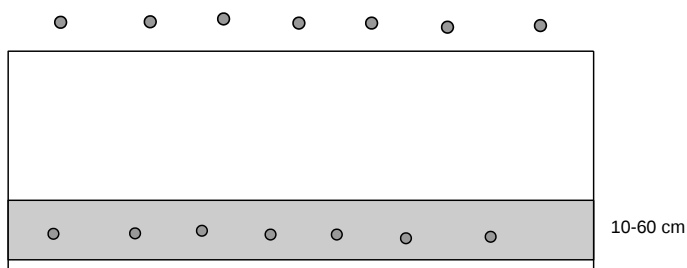


Mounting instructions: ERGO HOLDS Style 20

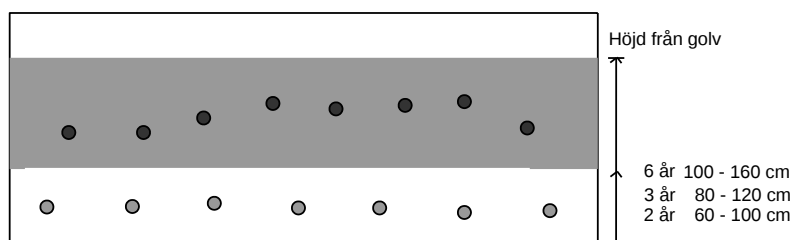
1. Take the series of 20 holds.
Choose at random 9 holds
that will be used as footholds,
and place them in a row along
the total length of the wall.



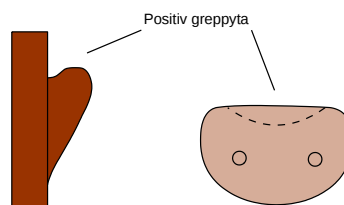
2. Then mount the footholds.
Vary the length and height at
randomly between the footholds
within the safety region 10 – 60 cm.



3. Take then rest of the 11 holds
and distribute them evenly along
the length of the wall. Mount the
holds as you did with the footholds.
Vary the height between the holds,
within the area intended for the
specific agegroup.



To make the climbingwall varying and
interesting, you should try during mounting
to vary the angle of the holds by twisting them.
The easiest route should have the positive side
of the hold turned upwards. To make the
climbingwall more demanding, try twisting
the holds in different angels.



4. Now your climbingwall is ready to be used. Have fun!

Tip! Should any of the routes turn out to be too difficult, try twisting or changing place of some holds. Feel free to experiment with varying the holds.

Safety

Mount the holds accordingly to this
manual, for safe horisontal climbing.
Extreme carelessness to the holds
can cause cracks or peices may fall
of, these holds should in such cases
be replaced. Clear the floor/ground
beneath and around the climbingwall
of sharp objects.